

American Hotel & Lodging Association

Safety Tips for Traveling with Your Children

1. Make sure you know where your children are at all times, and that they are properly supervised if you aren't with them.
2. Help your children identify adults, such as hotel staff with name tags, who can help if they need assistance.
3. Practice basic safety skills with your children, like checking with you, using hotel telephones, and locating the adults who can help if they need assistance.
4. Teach your children to say **NO** to anything that makes them scared, uncomfortable or confused and to tell you or the adult in charge immediately if this happens.
5. Teach children to check with you or with the adult in charge before they go anywhere, get into a car, or accept anything from anyone.
6. Make sure your children know their personal information, including their last name, address, home telephone number, parents' or guardians' name and cell or pager numbers for their parents or guardians.
7. Take a few moments and locate the nearest exit that may be used in the event of an emergency and discuss with your children how to handle an emergency situation.
8. Teach your children to keep the door locked and not to open the door for or talk to anyone who comes to your room, **including people who claim to be hotel staff, unless you give them permission to do so.**
9. If children are alone in the room, teach them to tell callers that you can't come to the telephone instead of letting people know that they are alone.
10. Enjoy your stay and contact a member of the staff if you require any assistance!